Research Services

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What do you do if you see a woman or a man screaming to your child? And if calls, insults? Sharply wonders, pushes? Sleeping, hits?

Intervery? Contact your guardianship? Or do not prefer not to climb not in your business?

Recently, moms, in an unrelast state, often fall into the focus of my attention.

Mommies from the playground, clinic, any children's institution, passersby, news feeds and stories of friends. And there are still statistics that tells us that about 5,000 children die from maternal violence in Russia. And many more those who did not die, but received psychological injury for life.

You know, I didn't just ask this question. There are such people - associates and clinical psychologists, who, studying the history of people with large deadlines in criminal articles, in most cases found domestic violence, humiliation from parents, injury affection.

These are border situations and they arise, as a rule, in unfavorable families.

But the outbreaks of aggression are celebrated and completely prosperous parents of long-awaited children.

Here are the main reasons that lead to the confusion of loving moms:

fatigue, deprivation of basic needs;

own children's traumatic experience, actualized with the advent of the child;

non-compliance with the reality of parents' ideas:

age crises at the child;

Displaced aggression.

There are good news. Increasingly, women who mark the signs of burnout and aggressive gusts to the child come to the realization of the need to work with their states. Do not perceive it as a shameful and allow him to say that in itself is a constructive step.

So, returning to my question, what if you encountered such a situation?

As an option, approach and gently speak with your parent, sometimes even touch it. Very often, a person simply cannot get out of this aggressive attitude, especially in the case of a displaced aggression, then he may not even realize a child in front of him. Your soft intervention will help him switch and unlock warm and gentle feelings for your chad.